

Bless Yourself and Help Your Friends!

You can use this method to get rid of your own troubles. You can use it to help your friends, face to face or on the phone. You can help several of them at the same time.

STEP 1 BELIEVE IN GOD

Say **'The Precious Blood of Jesus, cover and protect us!'** 5 times. After that, ask your friend, "Do you hate any subjects e.g. Chinese/Maths?" If he/she says yes, you say, "The problem can be solved by prayer. Do you believe in God?" If he/she says yes, proceed to **STEP 2**. If he/she says no, you say, "I believe in God. Would you like to listen to me for just one minute?" If he/she agrees, tell them the following parables:

The Parable of the Architect "If I were an architect, before the construction of a building, I would have to make a plan and draw a lot of pictures. Right? But before your mother was pregnant, had she designed your face and drawn it on a piece of paper? No! Your mother did not make a plan and she gave birth to you. After that, you had everything, for example, eyes, ears, a mouth, a nose, a heart, a liver, a spleen, lungs and kidneys. Was that miraculous? ¹ How could your mother be so powerful and work such a miracle? It was because God helped her to give birth to you! Since God had already created such a big universe, it was indeed very easy for Him to help your mother give birth to you! " **The Parable of the Camera** "Did your mother know how to make a camera? No! But after your birth, your eyes were a very smart camera. Why could she do what scientists cannot do? Ask her how she made your eyes! I'm sure that she could not answer you because she really did not know the answer. In fact, your mother's 'homework' of giving birth to you was not done by her, but by the almighty God! "

¹ If your friend says, "That is not miraculous, because when a **sperm and an egg** are united, they will automatically become a baby.", then you say, "Both the sperm and the egg do not have a brain and they cannot think. How can they be so smart and create a baby with a brain? Let's suppose that there is a television which is off. Suddenly the television is turned on. Sounds are heard and images appear. You have not seen anyone pressing the button but the television is on. How come? It is because there is a person behind you with a remote control in his hand! Similarly, when a sperm and an egg are united to become a baby, there is a person behind the scenes with a remote control in his hand. Who is that person? Our Heavenly Father! "

If your friend says, "That is not miraculous, because there are **genes**.", then you say, "A human being has about 20,000 genes. But scientists, even the best experts in the study of genes, still do not fully understand how each of these genes works. When the scientists do not fully understand, can they make the genes out of nothing? Of course not! But genes began to exist a long time ago and have been passed down to us through generations. Who made the first genes at the very beginning? Now that even the scientists today cannot make genes, could your parents, your grandparents or your ancestors living in Stone Age make them? No! If human beings really evolved from lower animals, could those stupid lower

animals make genes? No, of course! Since no living things can make genes, the earliest genes must have been made by the Heavenly Father who made heaven and earth!”

If your friend believes that God exists after listening to you, you say, “Since God helped your mother, can He help you?” If he/she says yes, you say, “If you want Him to help you, you just have to do 3 simple things (to repent, to forgive and to pray).”

STEP 2 REPENT

“First, decide to be good. If you have bad habits/addictions, kick them because if you are addicted to video games/TV/your phone/your computer, you will become very selfish. If you find it hard to kick the bad habits/addictions, ask God for help daily”

STEP 3 FORGIVE

“Second, if someone has hurt you, forgive them. Whether you find it hard to forgive or not, please say the following prayer after me 10 times sincerely in your heart : **‘Lord, bless them!’**” Usually, after saying the prayer 10 times, your friend will feel better and have more love in his/her heart. But don’t stop. Continue reciting the prayer until the hatred and anger in his/her heart are completely gone.

STEP 4 PRAY

“Third, let’s say a special prayer to God. We call God **Heavenly Father** because He is our father in heaven. His Son is **Jesus** and the mother of Jesus is **Mama Mary**. We must say the prayer very sincerely. If we are not sincere, what we say is nonsense.” Then you recite the following prayer to him/her clearly, earnestly and slowly:

**In the name of our Lord Jesus (X3),
and through the intercession of Mama Mary (X3),
O Heavenly Father, please bind all the forces of darkness (X3),
my bad habits and my hatred and fear of all subjects in my heart (X3).
Drive them away to the foot of the cross of Jesus (X3).
Give me love, joy and peace (X3).
Arouse my interest in studying all the subjects (X3).
Help me kick the bad habits (X3)
and overcome all the learning difficulties I face (X3).**

After reciting the prayer (*You have to repeat each line 3 times!*) twice, ask your friend, “If **‘100 marks’** means complete happiness and no troubles in your heart, how many marks do you get now?” If he/she says, “60/70/80/90”, you say, “Not high enough! I will keep saying the prayer until you get 105 marks or more.” When he/she reaches 105 marks and love all the subjects he/she takes, you say, “Now let’s say **‘Thank You, Lord! Praise You, Lord!’** 5 times and **‘The Precious Blood of Jesus, deliver us!’** 5 times.”

STEP 5 HELP YOURSELF & OTHERS

“At last, remember to say the prayer every day to ask God for help because Satan does not want you to stay happy. Satan wants you to hate the subjects you take. Don’t stop praying until you get 105 marks and love all the subjects. Try to help some of the boys and girls in your class/school each day with this method by reciting the prayer to them.”

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